

PRACTICES & COMPETITIONS

Practice - Our practices are held every Saturday morning at the Butler Cubs facility on 113 South McKean St., Butler, PA based on weekly sign-ups via the Signup Genius App. Check website for practice times.

Tournaments – There are various tournaments held throughout the year that take place in PA, OH, WV, MD, and DEL. These tournaments are generally sponsored by other Volleyball (VB) or Basketball (BB) organizations and provide a fun but competitive opportunity to get “ready” for States and Nationals. In addition, our organization sponsors annual VB and BB tournaments at Slippery Rock University in Western PA with the BB event serving as a qualifying event for Nationals.

State Games – State Games are held every year in PA with the year before Nationals being a “qualifying” event. Generally, we try to qualify in PA, OH and WV to maximize the number of members who have the opportunity to go to Nationals. Teams must finish in the top 3 for VB and the top 2 for BB to qualify for Nationals.

National Games – National Senior Games are held every 2 years at a different city. Teams and individuals must “qualify” at a State sponsored event in the previous year to be able to participate.

Huntsman Games in St Georges Utah – Huntsman Games are held annually, but do not require teams and individuals to qualify in the previous year. However, registration needs to occur early in the year to guarantee a spot. Events are like the National Senior Games. These games are also “qualifying” events for Nationals.

Note: Age Eligibility for States/Nationals/Huntsman games is 50 years old as of 12/31 of the event year

KEY CONTACTS

Nancy Brown – General/Membership
Cell – 412-629-0159
Email – nmbrown2000@yahoo.com

Abby Corbin - Treasurer
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KEY WEBSITES

SOWPA - www.seniorolympicswpa.weebly.com

PA State Games website – www.keystonegames.com

National Senior Games website – www.nsga.com



Volleyball & Basketball for Women 45+

WHO WE ARE?

The Senior Olympics of Western Pennsylvania (SOWPA) is non-profit Organization. Our purpose is to promote physical fitness of 45+ women through athletic competition and to provide a structured forum with the goal of qualifying and competing in the State and National Senior games.

The SOWPA was started back in 1998 by Carol McCollough and has been going strong ever since. The group is governed by a Board of 9 individuals with designated representatives for volleyball and basketball.

We currently sponsor several women's basketball and volleyball teams. Additionally, many of our members independently participate in individual sports including track & field and pickleball.

Our teams represent Pennsylvania at athletic events across the nation.

CURRENT BOARD MEMBERS

Nancy Brown – President
Denise Sheridan - Secretary
Abby Corbin – Treasurer
Tara Jones – Vice-President
Nancy Graham – Basketball Representative
Tina Bruns – Basketball Representative
Tami Barker – Volleyball Representative
Donna Zukas – Volleyball Representative
Carol McCollough – Founder/Past President

DUES & MEMBERSHIPS

<i>Annual Dues</i>	<i>Qualifications</i>
\$50	<i>Age- 50+ New Member or Meets Fundraiser Criteria</i>
\$125	<i>Age 50+ No Fundraisers</i>
\$25	<i>Age - 45 to 49</i>

FUNDRAISERS

You will need to support the golf outing or other approved fundraisers each year to pay the reduced dues of \$50. Providing support as assigned and/or working at our annual Golf Outing is the best way. Fundraiser activity is also the basis for qualifying for Nationals Travel Money.

FUNDRAISER ACTIVITIES

A Reduced Dues and National Travel Money tracking form can be found on our SOWPA website. This form includes a detailed list of fundraiser activities,
<http://www.seniorolympicswpa.weebly.com>

NATIONALS TRAVEL MONEY

Payment level determined by Board based on a review of our current and projected financial position. Eligibility follows:

- Must attend Nationals
- Paid after return from Nationals for those members who completed the necessary fundraisers
- Existing Members – 100% eligible if fundraising criteria is met.
- New Members joining during the national year would be eligible for a portion of the travel money, if you participate in designated fundraisers between January and the end of May.